

Our Role in Nursing Facilities

- ✓ Complete required OBRA Level II evaluations
- ✓ Assess if nursing home level of care is necessary for an individual
- ✓ Provide specialized mental health recommendations
- ✓ Help ensure residents receive appropriate services
- ✓ Assist with transitions when nursing care is not needed
- ✓ Offer education to families and facility staff
- ✓ Ensure a focus on safety, dignity, and quality of life



Information and Access to Services:
810-488-8888

24-Hour Crisis Line:
810-966-2575

www.scccmh.org |    

**St. Clair County
Community Mental Health**
3111 Electric Avenue
Port Huron, MI 48060
(810) 985-8900

**St. Clair County
Community Mental Health
Child & Family Services**
2415 24th Street
Port Huron, MI 48060
(810) 488-8840

**St. Clair County
Community Mental Health - South
Adult Services**
6221 King Road
Marine City, MI 48039
(810) 765-5010

**St. Clair County
Community Mental Health - South
Child & Family Services**
135 Broadway
Marine City, MI 48039
(810) 400-4200

**St. Clair County
Community Mental Health - West**
14675 Downey Road
Capac, MI 48014
(810) 395-4343



OBRA

Omnibus Budget Reconciliation Act



**St. Clair County
Community Mental Health**
Providing Opportunities for Health, Wellness, & Connection



Understanding OBRA

The Omnibus Budget Reconciliation Act (OBRA) of 1987 requires all residents of Medicaid-certified nursing facilities to be evaluated for a serious mental illness or an intellectual/developmental disability (I/DD). These evaluations help ensure that individuals receive the right level of care in the least restrictive, most appropriate setting.

For some families, the OBRA process may take place after a loved one is already residing in a nursing facility, and the goal is simple: to ensure their behavioral health needs are identified, supported, and treated properly.

What the OBRA Program Does

St. Clair County Community Mental Health (SCCCMH) works with nursing facilities to complete OBRA evaluations and provide follow-up support when specialized behavioral health services are needed.

After an evaluation, our OBRA team may assist with:

- Person-centered planning
- Nursing facility mental health monitoring
- Individual or group therapy
- Treatment and medication monitoring
- Behavior support consultation
- Education for residents and families
- Coordination of community-based services when appropriate
- Recommendations to ensure the resident receives the right supports for their mental health needs

Our focus is on supporting individuals' well-being, improving quality of life, and helping families understand treatment options.

When Nursing Facility Care May Not Be Needed

If an OBRA evaluation finds that your loved one needs specialized mental health services **but does not require continuous nursing care**, SCCCMMH can help explore other options.

This may include:

- Coordinating treatment in a community setting
- Identifying alternative residential options
- Providing supports that promote independence and safety

Our goal is always to ensure individuals receive care that fits their needs, in an environment that supports dignity, independence, and comfort.

